

Examples of Ice Breaking

When you have a group of people meeting for the first time, it is natural for participants of the group to feel out-of-place or nervous about how they will come across to others.

Ice breakers are intended to help people get to know each other and become more comfortable with each other so they can communicate or work together better.

Ideas for Group Ice Breakers

- ★ We chose a nice picture of our city
- ★ We divided it into 6 rectangles
- ★ We applied different colour fields for each rectangle
- ★ We then divided each rectangle into 6 smaller ones
- ★ We printed it and cut into 36 small rectangles.
- ★ We gave each of the six groups an envelope with 5 mixed rectangles
- ★ We gave one person the remaining 6 rectangles
- ★ We told participants to compose the puzzle
- ★ We told them the chosen person was “The Citizen” and they could ask her/him things
- ★ We did not tell them “The Citizen” had some puzzle pieces!
- ★ The winner group was the one that exchanged pieces with other groups and remembered to ask “The Citizen”